**PE Programme of Study by Year group 2024-2025**

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| **Yr**  | **Aut 1** | **Aut 2** | **Spr 1** | **Spr 2** | **Sum 1** | **Sum 2** |
| **N** | Introduction for PE unit 1 | Balls skills unit 1 | Games unit 1 | Gymnastics unit 1 | Dance unit 1 | Fundamentals unit 1 |
| **R** | Introduction to PE unit 2 | Ball skills unit 2 | Games unit 2 | Gymnastics unit 2 | Dance unit 2 | Fundamentals unit 2 |
| **1** | Gymnastics/Invasion Games | Dance/Target | Fundamentals/Ball Skills | Team Building/Net and Wall | Athletics/Fitness | Sending & Receiving/Striking and Fielding |
| **2** | Gymnastics/Invasion Games | Dance/Target | Team Building/Ball Skills | Fundamentals/Net and Wall | Athletics/Fitness | Sending & Receiving/Striking and Fielding |
| **3** | Football/Gymnastics | Basketball/Dance | Hockey/Fitness | Tag Ruby/Netball | Tennis/Athletics | Rounders/Cricket |
| **4** | Football/Netball | Basketball/Hockey  | Handball/Fitness | Tennis/Tag Rugby | Gymnastics/Athletics | Rounders/Ball Skills |
| **5** | Football/Netball | Basketball/Hockey | Fitness/Handball  | Badminton/Tennis | Athletics/Tag Rugby | Rounders/Cricket |
| **6** | Football/Fitness |  Netball/Hockey | Basketball/Handball | Badminton/Tennis | Athletics/Tag Rugby | Rounders/Cricket |